



**Supplementary Table S1.** Study schedule

	<b>Screening visit</b>	<b>Baseline visit Visit 1</b>	<b>Virtual Visit Visit 2</b>	<b>Final Visit Visit 3</b>
	Day-21-Day -7	Day 1	*	Week 16-18
Informed consent	X			
Confirm Inclusion/Exclusion criteria	X			
Medical history	X	X		X
Hypoglycemic events		X		X
Insulin and concomitant Medication	X	X		X
FCBG measurements <sup>a</sup>	X	X		X
Post-prandial CBG <sup>b</sup>		X		X
HbA1C	X	X		X
Training on a SMS based insulin titration service		X		
Adherence to the requests of a SMS based insulin titration service				X
Questionnaires <sup>c</sup>		X		X
Subject satisfaction regarding the use of a SMS based insulin titration service				X
HCP satisfaction regarding the use of a SMS based insulin titration service				X

FCBG: fasting capillary blood glucose

<sup>a</sup> At least 3 days in the last week

<sup>b</sup> A complete profile (2 hours post breakfast, lunch, and dinner) 2 days a week.

<sup>c</sup> DDS, HADS, SF12. All these questionnaires are translated to Spanish.

\* Time point when the target FCBG is achieved