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# Are you taking oral chemotherapy at home? Use it safely!



## Before starting a treatment, ask your health professional about what you need to know:

- How should it be taken?
- For how long?
- At what time?
- What are its side effects?
- What should I do if side effects appear?
- Which medications can interfere with the treatment?



#### Store your medication safely:

- Oral chemotherapy contains toxic agents that can be harmful for the people who live with you at home
- It is recommended to store the medication:
  - In the original container
  - Where children can't reach it
  - Away from moisture and direct light
  - At less than 25 °C or in the refrigerator, if necessary
- If you have leftover medication, take it to the hospital or pharmacy



#### Take your medication safely:

- Handle medication as little as possible
- Wash your hands before touching medication
- Use disposable gloves or avoid skin contact if you are the caregiver
- Avoid putting medication in pill boxes or on surfaces such as tables
- Do not split or crush the tablets or open the capsules
- Swallow whole with water without chewing or sucking
- Pregnant or breastfeeding women should avoid contact with this medication

Grup de treball d'informació sobre medicaments dirigida a la ciutadania del canal medicaments i farmàcia. Ús segur dels medicaments per al càncer que

es prenen a casa. Butll Medicam Farm. 2017;4:1-4.

