## Should you take antibiotics for bronchitis?

Most cases of **bronchitis or bronchiolitis** are caused by viruses.



Antibiotics are not effective against viruses.

Children should not be routinely treated with antibiotics.

An improper use of antibiotics increases antimicrobial resistance.

## 7 out of 10 people

**7 out of 10 people** feel better in 1-2 weeks whether or not they use antibiotics



**2 out of 10 people** experience side effects when using antibiotics

## What can you do instead of taking antibiotics?

- Take fever or pain relief.
- Drink more water and infusions.

Wash your hands.

Rest properly.

## When should you see a doctor?

Cough not improving or lasting more than 3 weeks.

New or worsening symptoms.



Patients with lung or heart disease, immunosuppression or with severe comorbidity.





Infographic adaptation: Public Ontario Health, SEFAP. Bronquitis: te contamos...; 2019.

