

# Self-isolation at home, what does it mean?

- ▶ Self-isolation at home consists on **staying at home** and not going out in public spaces.
- ▶ **The primary objective** of the isolation measure is to **isolate the virus and prevent it from spreading**.
- ▶ **Healthcare professionals will decide** if the affected person needs to be isolated at home by assessing their clinical criteria and their health and social circumstances.
- ▶ **The healthcare professionals** will be in contact and monitor the affected person.
- ▶ The isolated person will be **able to live with their family members**, and they will all have to follow the measures indicated by the healthcare professionals.

