

# Tips to Parents/Guardians for Children to Take Medication Safely at School



## To the doctor/paediatrician:

- Ask them if it is essential to take the medication during school hours.
- Request a **medical report** stating the name of the student, the name of the medicine to be taken and the administration schedule.



## At school:

- You must bring the report written by the doctor that includes the name of the student, the name of the medication to be taken and the administration schedule.
- You must provide an **authorization** requesting the administration of the prescribed medication to the child in accordance with the guidelines contained in the report and authorizing the administration to the centre's professionals.



## To the child:

- If they are old enough, give them the basic information about the medicines they have to take: name, dose, why they take it...
- If they are young, make sure they understand how they will get from class to the school nursery to take their medications.
- Encourage asking questions if you think they have not understood something and to call their parents if necessary.
- Teach children never to share their medicines with other people.



## Keep in mind:

- Check the expiration date and that the medication is correct before giving it to the school.
- Communicate any change in medication, dosage, or frequency in the child's medication to the school.

Reference:

*Will your child need to take medicine at school? Prepare for the new school year to reduce the risk of errors.* ConsumerMedSafety (2018). Disponible a: <https://consumermedsafety.org/medication-safety-articles/item/842-will-your-child-need-to-take-medicine-at-school-prepare-for-the-new-school-year-to-reduce-the-risk-of-errors>