

30 March 2021

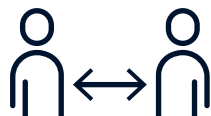
# Recommendations for fruit and food industry entrepreneurs



## Workplace conditions



**Do not allow access** with COVID-19 symptoms



**Respect the 1.5 m** distance and avoid crowds



**Draft a contingency plan** (brigades, people in charge, control, etc.)



**Limit** non-essential visits as much as possible



Establish different **entry and exit** circuits



**Provide individual protective equipment** and disinfected tools



Proper use of **facemasks** and promote **hand washing**



Have a **COVID agent**



**Ventilate** for as many hours as possible before, during and after shifts

## Communal areas and lodgings (dining areas, locker rooms, rest areas, bathrooms, etc)



**Delimit capacities** and take turns



**Wash your hands** with soap and use hand sanitizer often



**Clean and disinfect** often



**Ventilate** before, during and after shifts

## Commutes



Promote the use of **individual vehicles**



Strive to maintain a safe **distance**, wear a **facemask** and **open windows**

## Hygiene measures



Reinforce **hand washing** with soap and hand sanitizer



**Avoid sharing** utensils



Increase **cleaning and disinfection**

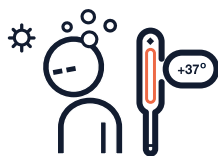
For more information, visit [canalsalut.gencat.cat/coronavirus](https://canalsalut.gencat.cat/coronavirus)

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# Recommendations for fruit and food industry entrepreneurs



## What are the symptoms of SARS-CoV-2?



**Fever**  
(+37°)



**Cough**



**Headache**



**Loss** of the sense of taste and/or smell



**Fatigue**

**Shortness of breath**

**Neck pain**

**Muscle pain**

**Vomiting** or diarrhoea

General **discomfort**

## What should I do if I have COVID-19 symptoms?



**Get in touch** with your primary care centre

**061**/Salut Respon

**Call**  
061

La meva  
**/Salut**

Open an **eConsultation** through La Meva Salut

## What should I do if I test positive for COVID-19?



You will be notified through your **health centre**



The **Primary Care COVID managers** will inform you of all steps to follow



You will have to **isolate at home** for as long as health professionals require you to



La meva  
**/Salut**

If you still do not have access, you can **register** through:  
[lamevasalut.gencat.cat/alta](https://lamevasalut.gencat.cat/alta)

**For more information, visit [canalsalut.gencat.cat/coronavirus](https://canalsalut.gencat.cat/coronavirus)**



**Diputació de Lleida**

La força dels municipis



**Generalitat de Catalunya**

**/Salut**