

Table S1 Search string for Embase

#	Searches
1	exp mild cognitive impairment/
2	"mild cognitive impairment".mp.
3	"mild cognition".mp.
4	"Mild Cognitive dysfunction".mp.
5	"mild cognitive impairment".ti,ab,kw.
6	MCI.mp.
7	MCI.ti,ab.
8	"incipient dementia".mp.
9	"early stage dementia".mp.
10	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9
11	("B complex vitamins" or "Vitamin B complex").mp.
12	(pyridoxine or folate or cobalamin).mp.
13	("vitamin B6" or "vitamin B9" or "vitamin B12").mp.
14	11 or 12 or 13
15	10 and 14