

Appendix S1 Literature search strategy in different databases and PRISMA flowchart

1. PUBMED

((((rectus diastasis[Title/Abstract]) OR diastasis recti[Title/Abstract]) OR rectal diastasis[Title/Abstract]) OR diastasis of rectus[Title/Abstract]) OR rectal divarication [Title/Abstract]) OR rectus divarication [Title/Abstract]) AND ((management OR surgery OR therapy OR treatment OR diagnosis))

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2. EMBASE

('rectus diastasis':ab,ti OR 'diastasis recti':ab,ti OR 'rectal diastasis':ab,ti OR 'diastasis of rectus':ab,ti OR 'rectal divarication':ab,ti OR 'rectus divarication':ab,ti OR 'recti divarication':ab,ti OR 'divarication of rectus':ab,ti) AND ('surgery'/exp OR surgery OR 'management'/exp OR management OR 'treatment'/exp OR treatment OR 'therapy'/exp OR therapy OR 'diagnosis'/exp OR diagnosis) AND(language English OR language Spanish)

222 references, selected 93

3. Search in CiINAHL (Cumulative Index to Nursing and Allied Health literature) Search terms 'rectus diastasis' 'rectal diastasis' 'rectus divarication'

4. Search in PEDro (Physiotherapy Evidence Database):

Search terms: "rectus diastasis", "rectal diastasis", "diastasis recti", "rectus divarication"

PRISMA Flow Diagram

