

5 moments for medication safety

What questions can patients ask themselves to improve medication safety?



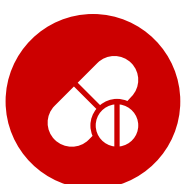
Starting a medication

- What is the name of this medication and what is it for?
- What are the risks and possible side-effects?
- Have I told my health professional about my allergies and other health conditions?



Taking my medication

- When and how should I take this medication and how much should I take each time?
- Is there anything related to food and drink that I should know while taking this medication?
- What should I do if I have side-effects?



Adding a medication

- Do I really need any other medication?
- Have I told my health professional about the medications I am already taking?
- Can this medication interact with my other medications?



Reviewing my medication

- How long should I take each medication?
- Am I taking any medications I no longer need?
- Does a health professional check my medications regularly?



Stopping my medication

- When should I stop each medication?
- Should any of my medications not be stopped suddenly?
- If I have to stop my medication due to an unwanted effect, where should I report this?