

What should be taken into account about medications after discharge?



Ask for an up-to-date list of medications you should take

The health professionals at the hospital can give you a list with the name of the prescribed medications, the dose to take, what they are for, and how to use them.



Make sure you have a good understanding of any changes in the prescription

Check which medications you should stop taking or if you have to change the dose of any of the medications you were already taking.



Report your hospital stay at your community pharmacy

When you need to go to the pharmacy to get your medications, inform the pharmacist about your stay in the hospital.



Ask the pharmacist what to do with any leftover medicines from home

If you have been instructed to change the dose of a medicine that you have had previous doses of at home, ask your pharmacy professional if you can use them.



Share your medication list

When you need to visit primary care professionals, the community pharmacy, or any other healthcare setting, take your medication list with you.



Always consult all the doubts you have

If you find it difficult to understand any concept in the medication schedule or if any part of the medication list is confusing, do not hesitate to consult your healthcare team.

Reference:

Consumer Medication Safety. Hospital to home: Know your medicines before you leave. Horsam (Philadelphia): Institute for Safe Medication Practices; 2021. Available at: <https://consumermedsafety.org/medication-safety-articles/item/883-hospital-to-home-know-your-medicines-before-you-leave>

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