

Reporting Summary

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Statistics

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

- | | |
|-------------------------------------|--|
| n/a | Confirmed |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> The statistical test(s) used AND whether they are one- or two-sided
<i>Only common tests should be described solely by name; describe more complex techniques in the Methods section.</i> |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> A description of all covariates tested |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals) |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> For null hypothesis testing, the test statistic (e.g. F , t , r) with confidence intervals, effect sizes, degrees of freedom and P value noted
<i>Give P values as exact values whenever suitable.</i> |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> Estimates of effect sizes (e.g. Cohen's d , Pearson's r), indicating how they were calculated |

Our web collection on [statistics for biologists](#) contains articles on many of the points above.

Software and code

Policy information about [availability of computer code](#)

Data collection

Data analysis

FCS files from 553 BM aspirates from newly diagnosed MM patients were analyzed using the semi-automated algorithm named “FlowCT” v.0.0.9, which is based on the analysis of multiple files by automated cell clustering, and Infinicyt v.2.0.

Statistical analysis was performed with Graphpad v.7 and SPSS v.25.0.0

Differential gene expression across all pairwise comparisons between groups was analyzed with Deseq2 v. 1.40.2 R package followed by k-means clustering of genes in R.

Raw FASTQ files were processed using LongRanger (v2.2.2, 10xGenomics) with default parameters. Variants were annotated using the bioinformatics software HD Genome One (DREAMgenics, Oviedo, Spain), using several databases containing functional (Ensembl, CCDS, RefSeq, Pfam), populational (dbSNP, 1000 Genomes, ESP6500, ExAC) and cancer-related (COSMIC – Release 87, ICGC – Release 27) information. In addition, 9 scores from algorithms for prediction of the impact caused by non-synonymous variants on the structure and function of the protein were used (SIFT, PROVEAN, Mutation Assessor, Mutation Taster, LRT, MetaLR, MetaSVM, FATHMM and FATHMM-MKL), and 1 score (GERP++) for evolutionary conservation of the affected nucleotide. Indel realignment was performed to correct underestimated allele frequencies. Variants with a population allele frequency higher than 0.01 were excluded. Variants detected in germline DNA (i.e., T cells) were excluded. Only mutations with a coverage higher than 6 in all samples from a patient were selected. Only variants detected in a sample with a variant frequency ≥ 0.15 , with a mutated allele count ≥ 4 and droplet count ≥ 4 were selected. Class A HLA haplotypes were identified using optiType (v1.3.3) genotyping algorithm.

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio [guidelines for submitting code & software](#) for further information.

Data

Policy information about [availability of data](#)

All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our [policy](#)

scRNAseq read data are submitted at NCBI GEO under accession GSE205393 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE205393>). hg38 human and mm10 mice reference genome were obtained from <https://support.10xgenomics.com/single-cell-gene-expression/software/release-notes/build>

Research involving human participants, their data, or biological material

Policy information about studies with [human participants or human data](#). See also policy information about [sex, gender \(identity/presentation\), and sexual orientation](#) and [race, ethnicity and racism](#).

Reporting on sex and gender

Subjects included in the single cell RNAseq analysis: 12 females + 7 males + 3 unknown. Ages go from 35 to 90 with a median of 59.9 years.

Subjects analyzed by multidimensional flow cytometry: A total of 565 BM samples from 4 healthy adults, 4 MGUS, 4 SMM and 553 newly-diagnosed MM patients were analyzed in this study (median ages of 62, 68, 47 and 66 years, respectively).

Reporting on race, ethnicity, or other socially relevant groupings

Subjects have not been divided in any relevant groupings.

Population characteristics

None of the healthy adults, MGUS, SMM and newly-diagnosed MM patients had received previous treatment and their median age was of 61 years.

Recruitment

Bone marrow aspirates from MM patients were obtained from participants the moment they were included in the respective clinical trials. Healthy samples were obtained from volunteers. MGUS and SMM samples were obtained from patients who arrived at the laboratory to perform a screening for diagnosis and consent the use of their samples for research.

Ethics oversight

This study was approved by the Institutional Review Board of the University of Navarra (2017.022) and was conducted according to the principles of the Declaration of Helsinki. Informed consent was obtained from all participants.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

- Life sciences Behavioural & social sciences Ecological, evolutionary & environmental sciences

For a reference copy of the document with all sections, see [nature.com/documents/nr-reporting-summary-flat.pdf](https://www.nature.com/documents/nr-reporting-summary-flat.pdf)

Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	Any special criteria was followed to determine the sample size. These were determined by the possibility of using the samples at the moment they arrived at the laboratory and the availability of the resources to perform single-cell RNAseq.
Data exclusions	No data were excluded
Replication	In vitro experiments were performed 3 times (n = 3) and all attempts at replication were successful.
Randomization	Individuals were allocated into the different groups according to their health status (healthy, MGUS, SMM, MM). In the in vitro experiments samples were used randomly.
Blinding	Blinding is no relevant for this study because individuals were distributed by their health condition. For in vitro experiments blinding was not relevant because the only information we had from the patients was that they all have MM.

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

Materials & experimental systems

n/a	Involved in the study
<input type="checkbox"/>	<input checked="" type="checkbox"/> Antibodies
<input checked="" type="checkbox"/>	<input type="checkbox"/> Eukaryotic cell lines
<input checked="" type="checkbox"/>	<input type="checkbox"/> Palaeontology and archaeology
<input type="checkbox"/>	<input checked="" type="checkbox"/> Animals and other organisms
<input type="checkbox"/>	<input checked="" type="checkbox"/> Clinical data
<input checked="" type="checkbox"/>	<input type="checkbox"/> Dual use research of concern
<input checked="" type="checkbox"/>	<input type="checkbox"/> Plants

Methods

n/a	Involved in the study
<input checked="" type="checkbox"/>	<input type="checkbox"/> ChIP-seq
<input type="checkbox"/>	<input checked="" type="checkbox"/> Flow cytometry
<input checked="" type="checkbox"/>	<input type="checkbox"/> MRI-based neuroimaging

Antibodies

Antibodies used

Human antibodies
 CD138 BV421 BD Biosciences Cat# 562935 Clone MI15
 CD27 BV510 Biolegend Cat# 302836 Clone O323
 CD38 FITC Cytognos Cat# CYT-38F2 Clone Multi-epitope
 CD56 PE Cytognos Cat# CYT-56PE Clone C5.9
 CD45 PerCPCy5.5 Biolegend Cat# 304028 Clone HI30
 CD19 PeCy7 Beckman Coulter Cat# IM3628 Clone J3-119
 CD117 APC BD Biosciences Cat# 333233 Clone 104D2
 CD81 APCH7 Cytognos Cat# CYT-81AC750 Clone M38
 CD3 BV510 BD Biosciences Cat# 563109 Clone UCHT1
 CD4 PE BD Biosciences Cat# 347327 Clone SK3
 AnnexinV APC Immunostep Cat# ANXVDY-200T
 CD8 APCH7 BD Biosciences Cat# 641409 Clone SK1

Mouse antibodies
 B220 APC Biolegend Cat#103212 Clone RA3-6B2
 CD138 PE Biolegend Cat#142504 Clone 281-2
 CD19 APC-Cy7 Biolegend Cat#115530 Clone 6D5
 CD3 PE-Cy7 Biolegend Cat#100220 Clone 17A2
 IgM BV421 Biolegend Cat#406518 Clone RMM-1
 CD4 APC Biolegend Cat#100516 Clone RM4-5
 CD8 BV510 Biolegend Cat#100752 Clone 53-6.7
 NK1.1 BV421 Biolegend Cat#108731 PK136
 CD25 BV510 Biolegend Cat#102041 Clone PC61
 FOXP3 PE Invitrogen Cat#12-5773-82 Clone FJK-16s
 PD1 BV421 Biolegend Cat#135218 Clone 29F.1A12
 TIGIT PE Biolegend Cat#142103 Clone 1G9
 LAG3 APC Biolegend Cat#125209 Clone C9B7W
 CD11b BV510 Biolegend Cat#101245 Clone M1/70

GR1 PE-Cy7 Biolegend Cat#108416 Clone RB6-8C5

No dilutions were performed. Quantity of the antibodies were determined by manufacturer's recommendations.

Validation

All antibodies were validated by the Euroflow guidelines found in <https://euroflow.org/protocols/> and by each manufacturer as they show in the specific website for each antibody.

Animals and other research organisms

Policy information about [studies involving animals](#); [ARRIVE guidelines](#) recommended for reporting animal research, and [Sex and Gender in Research](#)

Laboratory animals

The following commercial mouse strains were used in this study:
 B6(Cg)-Gt(ROSA)26Sortm4(lkbbk)Rsky/J; The Jackson Laboratory; Strain code:008242
 B6.Cg-Tg(BCL2)22Wehi/J; The Jackson Laboratory; Strain code:002319
 B6.129P2(Cg)-Ighg1tm1(cre)Cgn/J; The Jackson Laboratory; Strain code:010611
 B6.129X1-Gt(ROSA)26Sortm1(EYFP)Cos/J; The Jackson Laboratory; Strain code:006148
 C57BL/6J0laHsd; Envigo; Strain code:057C

Transgenic mice were analyzed between 4 to 12 months-old. Experiments in the syngeneic mouse models were performed in mice between 8-12 weeks-old. Mice of both sexes were used in the study. Mice were kept under specific pathogen-free conditions and light/dark cycles of 12h. The temperature was constantly maintained between 18-23°C.

Wild animals

This study did not involve wild animals

Reporting on sex

Mice from both sexes were used (4 females and 4 males)

Field-collected samples

This study did not involve samples collected in the field

Ethics oversight

Animals used in this study were kept under specific pathogen-free conditions in the animal facilities of the Center for Applied Medical Research CLIMA at the University of Navarra. Animal experimentation was approved by the Ethical Committee of Animal Experimentation of the University of Navarra and by the Health Department of the Navarra Government.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

Clinical data

Policy information about [clinical studies](#)

All manuscripts should comply with the ICMJE [guidelines for publication of clinical research](#) and a completed [CONSORT checklist](#) must be included with all submissions.

Clinical trial registration

PETHEMA/GEM2012MENOS65: #NCT01916252
 PETHEMA/GEMCLARIDEX: # NCT02575144

Study protocol

PETHEMA/GEM2012MENOS65: This protocol is a national, multicenter, comparative, open-label, randomized trial comparing the progression free survival (PFS) of two pre-transplant conditioning regimens (BUMEL versus MEL-200). A total of 460 patients will be enrolled in the study. Scheduled evaluations and study visits will take place during the pre-treatment, treatment and follow-up periods.

The pre-treatment period includes the screening visit in which participants provide informed consent in writing in order to take part in the study. The patient is then assessed to determine his/her eligibility. The selection process will begin 21 days before the first dose of medication is administered (days -21 to 0). During the treatment period, eligible patients will be included in the study and given six cycles of induction treatment with bortezomib/ lenalidomide / dexamethasone (VRD-GEM). Each cycle will last 28 days, during which SC bortezomib will be administered on days 1, 4, 8 and 11, oral lenalidomide on days 1-21 of each cycle, and oral dexamethasone on days 1-4 and 9-12 of the cycle.

After the first three induction cycles, and in the absence of progression or unacceptable toxicity, peripheral blood hematopoietic stem cells will be mobilized and collected using G-CSF for later autologous transplantation. Patients will be randomized in a 1:1 allocation ratio to receive conditioning treatment with MEL-200 versus BUMEL. Randomization will take place at the beginning of the study, once the screening is complete and the patient's eligibility verified. Three months after transplantation, patients will receive two cycles of consolidation treatment with VRD-GEM at the same doses administered during induction treatment.

Once the treatment phase is complete, patients will begin the follow-up phase in which they will be visited every three months to evaluate disease progression and survival.

The full clinical trial can be accessed at: <https://clinicaltrials.gov/study/NCT01916252>

PETHEMA/GEMCLARIDEX: This phase III study, open-label, randomized study investigating lenalidomide and dexamethasone with and without biacin in subjects with newly diagnosed, previously untreated MM. Eligible subjects will be randomized in a 1:1 ratio to receive a regimen consisting of either biacin, lenalidomide, and low-dose dexamethasone (BiRd arm), or lenalidomide and low-dose dexamethasone (Rd arm). 306 patients will be included (50% in Spain (153) and 50% in the USA (153)).

The full clinical trial can be accessed at: <https://clinicaltrials.gov/study/NCT02575144>

Data collection

PETHEMA/GEM2012MENOS65: Data collection is performed at diagnosis, after induction treatment, at day 100 after ASCT and after consolidation treatment.

Hospitals PETHEMA/GEM2012MENOS65: Hospital Durán i Reynals - ICO L' Hospitalet, H. Althaia, Xarxa Asistencial de Manresa,

Hospital Esp. de Jerez de la Frontera, Hospital Son Espases (Son Dureta), Hospital Son Llátzer, Hospital de Gran Canaria Dr. Negrín, Hospital Nuestra Señora del Prado, Complejo Universitario de Toledo, Hospital General de Albacete, Hospital Univ. Fundación de Alcorcón, Hospital General Univ. de Alicante, Hospital Torrevieja Salud UTE, Hospital del Tajo, Hospital German Trias i Pujol, Hospital de Cruces, Hospital Clinic i Provincial de Barcelona, Hospital de la Santa Creu i Sant Pau, Hospital del Mar, Hospital Vall d'Hebrón, Hospital Universitario de Burgos, Hospital General Univ. Santa Lucía, Hospital General de Castellón, Hospital General de Ciudad Real, Hospital San Pedro de Alcántara (Complejo Hospitalario de Cáceres), Hospital del Vinalopó, Hospital de Fuenlabrada, Hospital de Cabueñes, H. Univ. de Girona Dr. Josep Trueta (ICO), Complejo Hosp. Virgen de las Nieves, Hospital Universitario de Guadalajara, Hospital Severo Ochoa, Hospital de León, Hospital Universitari Arnau de Vilanova de Lleida, Hospital San Pedro, Centro Oncológico MD Anderson, Fundación Jiménez Díaz-UTE, Hospital Clínico Universitario San Carlos, Hospital General Univ. Gregorio Marañón, Hospital Infanta Cristina, Hospital Infanta Leonor, Hospital Infanta Sofía, Hospital Ramón y Cajal, Hospital Universitario 12 de Octubre, Hospital Universitario de la Princesa, Hospital Universitario La Paz, Hospital Universitario Madrid Sanchinarro, Hospital Universitario Puerta de Hierro-Majadahonda, Complejo Hospitalario Costa del Sol, Hospital Morales Meseguer, Hospital Universitario Virgen de la Arrixaca, Complejo Hospitalario Ourense, Hospital Universitario Central Asturias, Clínica Universidad de Navarra, Complejo Hospitalario de Navarra (Hospital Virgen del Camino), Complejo Hospitalario Pontevedra, Hospital de Sabadell (Parc Taulí), Hospital Clínico de Salamanca, Hospital Universitario de Donostia, Hospital Univ. Marqués de Valdecilla, Complejo Universitario de Santiago, Hospital General de Segovia, Complejo Hosp. Regional Virgen del Rocío, Hospital Nuestra Señora de Valme, Hospital Santa Bárbara, H. Universitari de Tarragona Joan XXIII, Hospital Universitari Mutua de Terrassa, Hospital Clínico Universitario de Valencia, Hospital Universitario Dr. Peset, Hospital Universitario La Fe, Hospital Clínico de Valladolid, Hospital Universitario Río Hortega, Hospital de Txagorritxu, Hospital Clínico Universitario Lozano Blesa, Hospital Miguel Servet

PETHEMA/GEMCLARIDEX: Data collection was performed at diagnosis, after induction treatment and after each 28-day cycle. Hospitals PETHEMA/GEMCLARIDEX: CHUAC, Hospital Universitario Germans Trias i Pujol, Hospital Clinic, Hospital Universitario Vall d'Hebron, Hospital General de Castelló, Hospital de Cabueñes, Hospital Universitario Virgen de las Nieves, H. del SAS de Jerez, Hospital de León, H. U. Gregorio Marañón, Hospital Universitario 12 de Octubre, Hospital Universitario de la Princesa, Hospital Costa del Sol, Hospital General Universitario Morales Meseguer, Hospital Universitario Virgen de la Victoria, Complejo Hospitalario de Navarra, Hospital Univeristario Salamanca, Hospital Marqués de Valdecilla, Hospital Universitario de Santiago de Compostela, Hospital Universitario Virgen de Valme, Hospital Universitario Virgen del Rocío, Hospital Universitario de Canarias, H. Clínico de Valencia, Hospital Universitario Dr Peset, Hospital Universitario y Politécnico La Fe, H. U. Txagorritxu

Outcomes

PETHEMA/GEM2012MENOS65: Primary Outcome Measures: Progression Free Survival to measure the treatment efficacy [Time Frame: 2 years]
 Secondary Outcome Measures :
 Complete response rates to measure the treatment efficacy [Time Frame: 1 year]
 Evaluation of minimal residual disease immunofixation negative-CR after each phase of treatment [Time Frame: 1 year]
 Overall survival [Time Frame: Time to death]
 Describe the adverse events to evaluate the safety and tolerability [Time Frame: 4 years]
 To asses the outcomes, patients are studied with the extraction of bone marrow and peripheral blood for the analysis of their clinical data and the amount of pathologic plasma cells in both tissues by morphology and flow cytometry.

PETHEMA/GEMCLARIDEX: Primary Outcome Measures: Progression free survival [Time Frame: Throught the study. Approximately 4 years]
 To asses the outcome, patients are studied with the extraction of bone marrow and peripheral blood for the analysis of their clinical data and the amount of pathologic plasma cells in both tissues by morphology and flow cytometry.

Flow Cytometry

Plots

Confirm that:

- The axis labels state the marker and fluorochrome used (e.g. CD4-FITC).
- The axis scales are clearly visible. Include numbers along axes only for bottom left plot of group (a 'group' is an analysis of identical markers).
- All plots are contour plots with outliers or pseudocolor plots.
- A numerical value for number of cells or percentage (with statistics) is provided.

Methodology

Sample preparation

In all cases, samples were stained following the EuroFlow lyse, wash and stain standard sample preparation protocol, adjusted to 10^6 nucleated cells. EDTA-anticoagulated human bone marrow aspirates were stained with the following combination of the monoclonal antibodies: CD138-BV421, CD27-BV510, CD38-FITC, CD56-PE, CD45-PerCPCy5.5, CD19-PECy7, CD117-APC and CD81-APCH7. Bone marrow cells from mice were labelled with B220 (RA3-6B2), CD3 (17A2), NK-1.1 (PK136), CD11b (M1/70) and Gr-1 (RB6-8C5), all from Biolegend (San Diego, CA).

Instrument

Data acquisition was performed in a FACSCanto II flow cytometer (Becton Dickinson/BD Biosciences, San Jose, CA).

Software

FACSDiva 6.1 software (BD Biosciences) and Infinicyt v2.0 (Cytognos SL, Salamanca, Spain).

Cell population abundance

Approximately, neutrophils represent 60%, monocytes 20% and lymphocytes 30% of bone marrow and peripheral blood samples.

Gating strategy

Gates were performed selecting lymphocytes, monocytes, neutrophils by FSC/SSC and expression of CD45. Subsets of these

populations were gated using the information provided by the rest of the markers available in each tube.

Tick this box to confirm that a figure exemplifying the gating strategy is provided in the Supplementary Information.