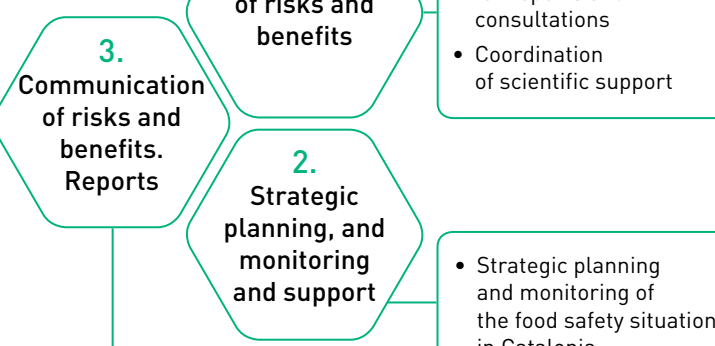


5 FOOD SAFETY



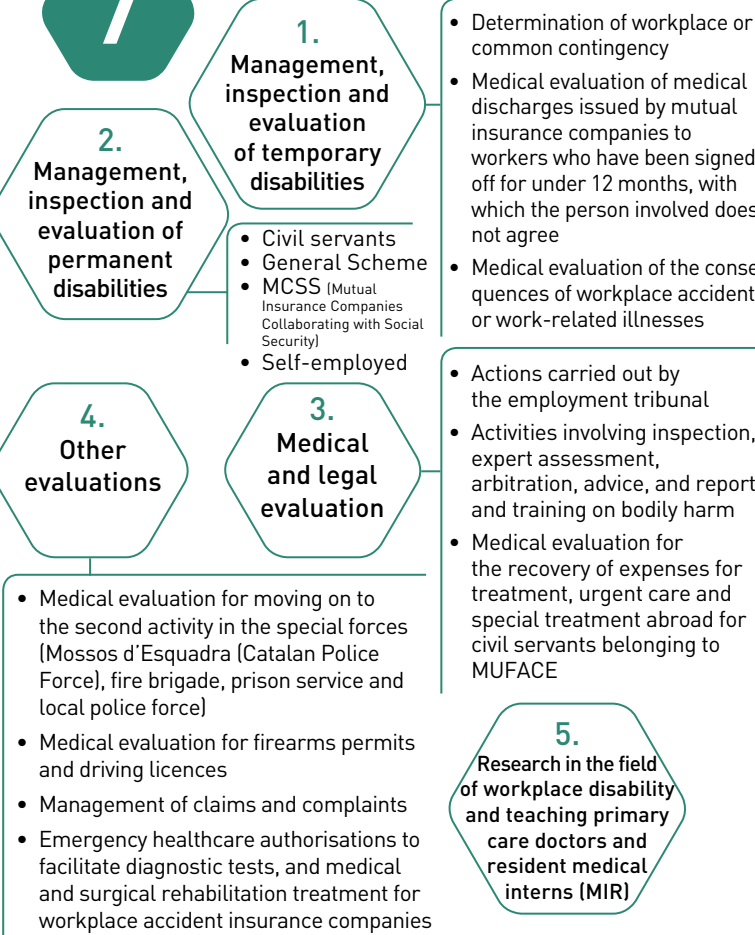
- Response to requests for reports and consultations
- Coordination of scientific support
- Strategic planning and monitoring of the food safety situation in Catalonia
- Coordination of the public authorities responsible for food safety
- Coordination with the economic sectors in the food chain and civil society
- Internal auditing of the official food inspection
- Communication of food risks and benefits to citizens, to food safety consumer motivators and to professionals
- Preparation of thematic reports on surveillance and official inspections in Catalonia
- Guides on good hygiene practices and promotion of self-monitoring
- Fight against food waste and promotion of safe use



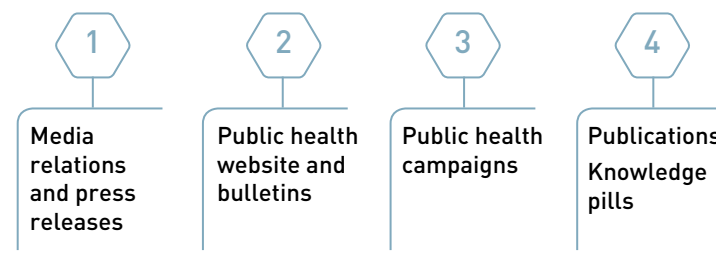
6 OCCUPATIONAL HEALTH



7 MEDICAL EVALUATION



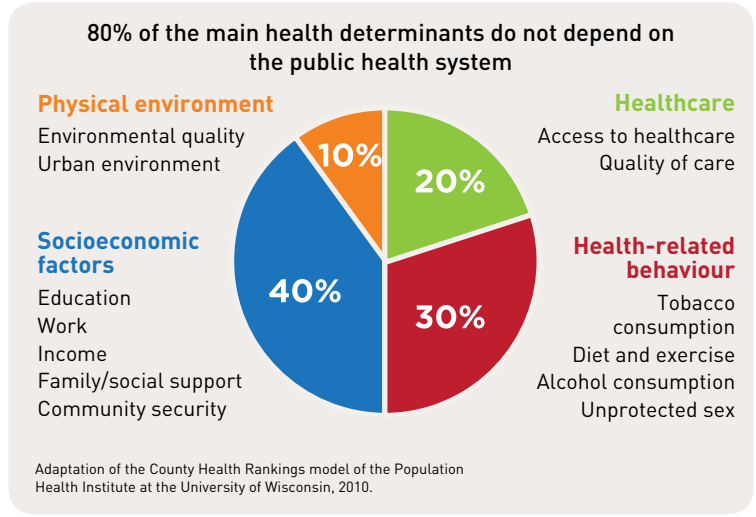
8 PUBLIC HEALTH COMMUNICATION, PROMOTION AND SUPPORT



9 INTER-MINISTERIAL PUBLIC HEALTH PLAN (PINSAP)

PINSAP brings together and boosts actions carried out by the Government and society, which have an impact on health, by acting on their determining factors.

- International (WHO) strategic priority undertaken by the Parliament of Catalonia
- Government tool led by the Ministry of Health and in line with the Health Plan
- Created with the participation of all the ministries and 42 bodies



10 TEACHING, TRAINING AND RESEARCH




1

HEALTH PROTECTION

4. Information, advice and attention to consultations

1. Assessment of environmental health risks

2. Management of health risks

3. Analytical services and support



- Services: detection and quantification of dangers related to food, drinking water and environmental elements
- Support: for environmental and food epidemiological investigation or public health alerts

- Public health inspection of the slaughter of animals intended for human consumption and of food establishments
- Monitoring and public health inspection of drinking water
- Control and prevention of Legionnaires' disease
- Public health inspection of public and highly frequented establishments such as accommodation for children and young people, campsites and swimming pools
- Inspection of public health risk practices: tattooing, body piercing and micro-pigmentation
- Inspection of healthcare waste management in public health centres and establishments
- Control of pests and the use of pesticides
- Official inspection of the causes of epidemics of environmental and food origin
- Public health alert investigation and inspection
- Auditing of self-control systems implemented in food establishments
- Management of reports and complaints resulting from non-compliance with or inadequacy of regulations
- Authorisations and registers
- Official inspection and support for export activity in food industries



2

HEALTH PROMOTION AND DISEASE PREVENTION

1. Aimed at different stages of life

2. In connection with priority health problems

Promotion of maternal and infant health

- Catalan Pregnancy, Birth and Postnatal Monitoring Programme
- *Infància amb salut* [Healthy Childhood] programme
- Child Abuse and Neglect Prevention Programme

Promotion of health among adolescents and young people

- *Salut i escola* [Health and School] programme

Promotion of healthy ageing

Integrated Plan for the Promotion of Physical Activity and a Healthy Diet (PAAS)

- Physical Activity, Sport and Health Plan (PAFES)
- Mediterranean Diet Promotion Programme (AMED) targeted at the restaurant trade
- School Menu Review Programme (PReME)
- Promotion of physical activity and a healthy diet in the workplace (*Escalles* [Stairs] Project)
- *Aquí Sí. Fruita i Salut* [Here, yes. Fruit and Health] project

Smoking prevention and control programmes

- *Infància sense fum* [Smoke-free Childhood], *Embaràs sense fum* [Smoke-free Pregnancy], *Hospitals sense fum* [Smoke-free Hospitals], *Classe sense fum* [Smoke-free Classrooms], etc.

Injury prevention

- Public health advice for the prevention of road traffic accident injuries
- Awareness-raising activities
- Support for the prevention of injuries in schools

Prevention of communicable diseases through vaccinations

- Catalan Vaccination Programme
- Prevention of communicable diseases through vaccinations in high-risk groups, priority groups and newly arrived immigrants

Promotion of dental health

3

SUBSTANCE ABUSE AND MENTAL HEALTH

1. Information and advice on drugs

2. Drug use prevention

- Canal Drogues: a Canal Salut theme-based website
- Línia Verda: 900 900 540 and 061 CatSalut Respon

3. Early detection and intervention in hazardous and harmful drinking

- *Beveu menys* [Drink Less] programme in primary healthcare and hospitals
- ASSIST programme for screening and quick intervention in hazardous and harmful drug use
- *A la feina, alcohol i drogues 0,0* [At work, 0.0 alcohol and drugs] programme on drug use prevention in the workplace

- *Embaràs sense alcohol ni drogues* [Pregnancy without alcohol or drugs] programme
- Drug and Alcohol-Associated Intimate Partner Violence Prevention Programme

4. Prevention of and attention to associated problems

- Community Needle Exchange Programme
- Methadone dispensing programme

5. Care for people with drug dependence

- Social Prescription Programme
- Programme for Workplace Health and Welfare of Healthcare Professionals

6. Promotion of emotional wellbeing



Health promotion and drug use prevention programmes

- For children
- For adolescents: *I tu, què en penses?* [And what do you think?], *I tu, què sents?* [And what do you feel?], *No em ratllis* [Don't bug me] and *Fitjove* [Get active!]
- For young people: *Sortim?* [Wanna hit the town?]

Educational proposals

- On cannabis among young people
- Educational programmes as alternatives to administrative sanctions for cannabis consumption (ASA)
- Raising awareness of the risks of drug use in a Web 2.0 environment
- Programmes for parents
- Programmes to reduce risks associated with drug use in night clubs and other leisure venues: *NitsQ* [Quality Nights]

4

PUBLIC HEALTH SURVEILLANCE

1. Systematic monitoring of disease and determinants

- Diseases of Compulsory Declaration (DCD) System
- Microbiological Reporting System of Catalonia (SNMC)
- Monitoring and evaluation of infection through HIV and other sexually transmitted infections
- Information Plan for Acute Respiratory Infections in Catalonia (PIDIRAC)
- Reinforced surveillance for invasive vaccine-preventable diseases
- Monitoring of perinatal health

3. Specific prevention and inspection programmes

Prevention and control

- Of tuberculosis
- Of HIV infection and other sexually transmitted infections (STIs)
- Screening in key population
- Condom Availability Plan
- Support for community projects
- Hospital-acquired infection

Monitoring and control

- Of vaccine-preventable diseases
- Of other communicable diseases
- Action Plan to Prevent the Effects of a Heat Wave on Health (POCS)

2. Detection and rapid response to health alerts

- Haemorrhagic fever caused by the Ebola virus
- Prevention and inspection of epidemics in the community
- Action Plan for Catalonia against a possible Influenza Pandemic
- Response to the Middle East respiratory syndrome coronavirus (MERS-CoV)
- Catalan Epidemiological Surveillance Emergency Service (SUVEC)
- Response to unusual phenomena, chemical or biological warfare
- Autonomous link to the Public Health Surveillance Network

Prevention and control

- For arboviruses
- For transmissible spongiform encephalopathies
- For congenital Chagas disease
- For community-wide outbreaks of Legionnaires' disease in travellers or that is hospital-acquired

4. Emerging diseases

5. Dissemination of information and coordination

- *Butlletí Epidemiològic de Catalunya* [Epidemiological Bulletin of Catalonia]
- *Butlletí de Vigilància en Salut Pública* [Public Health Surveillance Bulletin]
- *Infosida* [AIDS information]

1 HEALTH PROTECTION

2 HEALTH PROMOTION AND DISEASE PREVENTION

3 SUBSTANCE ABUSE AND MENTAL HEALTH

4 PUBLIC HEALTH SURVEILLANCE

5 FOOD SAFETY

6 OCCUPATIONAL HEALTH

7 MEDICAL EVALUATION

8 PUBLIC HEALTH COMMUNICATION, PROMOTION AND SUPPORT

9 INTER-MINISTERIAL PUBLIC HEALTH PLAN (PINSAP)

10 TEACHING, TRAINING AND RESEARCH



PINSAP
Inter-ministerial Public Health Plan

Legal deposit: B 20406-2015