



SUMMARY OF SARIS MONOGRAPH

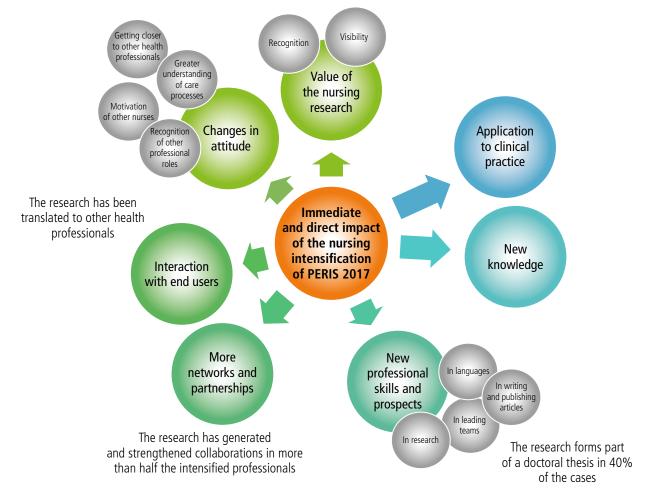
no. 4

SERIES ON TRANSFORMATIVE RESEARCH

How did the first PERIS funding scheme for nursing research go?

In 2017, for the first time, the PERIS research funding programme has promoted releasing nursing professionals from care work to carry out research activities for a maximum period of nine months. SARIS monograph no. 4 systemically analyses both the opportunities and barriers that the PERIS 2017 call has provided to professionals, as well as the benefits for the health system. This was done by analysing the text of the Research Snapshots ('Instantànies de Recerca'), forms that the beneficiaries of the grants filled out at the end of the period on their experience, their research, their findings and the benefits achieved.

The opportunities for 61 intensified professionals translated into benefits for the system can be summarised as: the generation of diverse and heterogeneous knowledge that has impacted on both the care and research sectors, generating value; recognition and visibility for nursing research the influence that professionals' attitudes have on their environment, strengthening professional relationships and partnerships; the creation of new formal competences (doctoral theses) and informal ones; interactions with knowledge users (whether they are professionals or other researchers); and, ultimately, the application of findings to care practices, health treatment and programmes.











Examples of new knowledge that has been applied to clinical practice



Maternal and child care

The modified Sims maternal position influences the reduction of the caesarean delivery and by increasing vaginal delivery

Critical care

Psycho-emotional attention for families that experience an emergency death situation

Health promotion

Implementation of the INFADIMED® programme in schools in the towns of the DAP Costa de Ponent

Geriatrics

Evaluation of a minimal-massive intervention in elderly hospitalised patients with oropharyngeal dysphagia

Integrated care and therapeutic transitions

Assessment of the implementation of the path of integrated complexity of chronic complex mental health patients in the Pla de l'Estany region

Innovation and technologies

Improvement of technical aspects of a new digital system for measuring and monitoring wounds

Design, implementation and evaluation of the website Salut i Escola 2.0, for promoting healthy behaviours in adolescents

Security and risk assessment

New algorithm to decide on the best treatment for faecal incontinence

Clinical characteristics and evaluation of nurse performance in emergency decontamination

Application of motivational intervention aimed at nurses to improve the administration and duration of antibiotics in an acute hospital

Implementation of the programme

Regional implementation of a programme for performing forced spirometry with a certification of well trained spirometry experts



