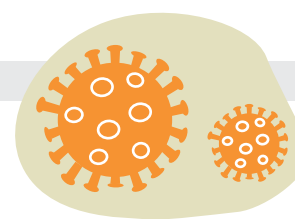


It's a disease caused by a new type of coronavirus that can affect people. It was first identified in December 2019 in the Chinese city of Wuhan, Hubei Province, China.



## How can it be transmitted?

Through respiratory droplets produced when an infected person coughs or sneezes, or through, or through contaminated objects.

## How long is the incubation period?

It ranges from 2-14 days.

Incubation  
**2-14** days

## What are its symptoms?

Fever, shortness of breath, cough or general malaise. In more severe cases: pneumonia, kidney failure, and other complications.



## Is there a treatment for COVID-19?

To date, there's no specific treatment, but there are many treatments to control the symptoms.

## What can you do to protect yourselves?

- > Wash your hands frequently with soap and water for 20 seconds or use an alcohol-based hand rub.
- > When coughing and sneezing, cover mouth and nose mainly with disposable tissues or the inside of an elbow.
- > Avoid sharing food or utensils (cutlery, glasses, napkins, tissues...) and other objects without first cleaning them properly.
- > Avoid close contact with people who show signs of flu or cold symptoms.
- > In Catalonia, no special precautions are required with animals or food.



Wash your hands frequently.



When coughing and sneezing, cover mouth and nose mainly with disposable tissues or the inside of an elbow.



## If you have come back from China, what should you do?

- If you're feeling well, no special measure is required.
- If you're feeling unwell, stay at home and call the health services to tell them you have been in China or call 061.

