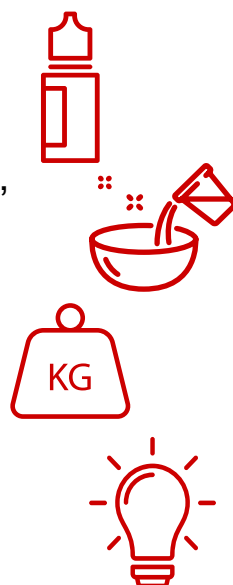


11 tips for dosing liquid medications

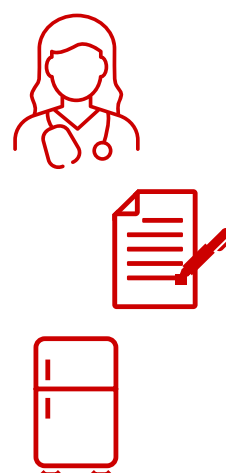
For over-the-counter drugs:

- 1 Use the dispenser included with the medicine itself or ask the pharmacy to recommend one.
- 2 Do not use household utensils to measure such as glasses, spoons, containers... as they can lead to errors.
- 3 If the medicine is for a child, administer it based on their weight, not their age, as indicated on the instructions on the product label.
- 4 When measuring the medicine, measure it on a flat surface looking at it at eye level and in a well-lit room.



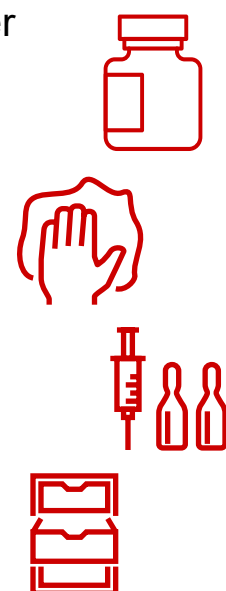
For prescription drugs:

- 5 Listen carefully to instructions from the healthcare professional and take a good look at the dosing instructions indicated in the prescription.
- 6 Make sure that there is no contradiction between what the label indicates and what the prescription says, and ask if you have any doubts.
- 7 Some medicines will need refrigeration: check the instructions on how to store them.



General tips:

- 8 Store the medicine and the measuring tool together. After dosing the medicine, cap it immediately.
- 9 Clean the dosing tool after each use and dry it well to avoid the growth of microorganisms.
- 10 Do not combine the dosing tool with more than one medicine or with food or drinks unless the labelling specifies it.
- 11 Always store liquid medications for adults and children in separate areas.



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Reference:

Tips For Measuring Liquid Medicines Safely. ConsumerMedSafety (2012). Available at: <https://consumermedsafety.org/tools-and-resources/medication-safety-tools-and-resources/taking-your-medicine-safely/measure-liquid-medications>