

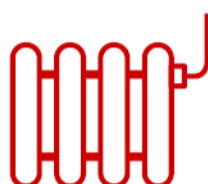
How should be medicines be stored at home?



What must be considered?

- Protect them from **humidity** and **high temperatures**
- Always keep them in their **original container**
- Always keep the **leaflet**
- Periodically check the **expiration date**

What are the risk areas?



- The **bathroom or kitchen**, due to its humidity and changes in temperature
- **On radiators**, ovens or other direct sources of light or heat
- **In the car**, especially in the summer and when it's hot



Where do they need to be stored?

- Cool, dry place and away from direct light
- Locked closets out of children's reach
- Storage conditions of certain medicines may be different from the moment the preparation is reconstituted (eg. child suspensions)



What about medicines stored in the fridge?

- The symbol * on the packaging indicates they must be stored at 2°C-8°C. These are termolabile medicines
- They must never be kept in the freezer
- Transport needs to be cared for so as to avoid breaking the cold chain
- They should be stored on the central shelf of the fridge without touching its walls to avoid freezing and changes in temperature

References:

¿Cómo guardo mis medicamentos? SEFAP (2021). Available at: <https://view.genial.ly/5face5323497810d4ca5a4df>

La farmaciola a casa. Medicaments i farmàcia. Gencat. Available at: <http://medicaments.gencat.cat/ca/ciutadania/informacio-i-consells/preguntes-frequents/com-cal-desar-els-medicaments/la-farmaciola-a-casa/>