



MAIN SYMPTOMS OF A STROKE

It is estimated that **1 in 6** people will suffer a **stroke** throughout their lives.

Stroke is the **first cause of acquired disability** in adults and the **second cause of dementia**.

It usually produces symptoms in a sudden and unexpected way and, although its typology depends on the area of the brain affected, the main ones are:

- ✔ **Abrupt alteration in the language** with difficulties to speak or understand
 - ✔ **Sudden loss of strenght** or sensitivity in one part of the body
 - ✔ **Affectation of one of the halves of the body**, manifested mainly in the face and/or extremities
 - ✔ **Abrupt alteration of vision**, such as loss of vision in one eye, double vision or inability to appreciate objects somewhere in our visual field
 - ✔ **Sudden loss of coordination or balance**
 - ✔ **Very intense headache** and different from other usual headaches
- ✔ Stroke often produces a combination of these symptoms, but **the detection of a single one is already a matter of urgency**.
 - ✔ One of the keys to **success** is the **speed** with which their **symptoms** are detected and the **emergency system** is contacted.
 - ✔ When a person has a suspicion of a stroke, they can **call 112 or 061** CatSalut Respon, go to the **CAP or the emergency department of a hospital**.